

MEDIA RELEASE



8 September 2023

Master Builders and Asset Construction Hire Excellence Awards 2023 Construction Woman of the Year

On Friday 1 September, the 2023 Master Builders and Asset Construction Hire Excellence Awards were held at the National Convention Centre for a sold-out crowd of stakeholders in the ACT building and construction industry. Well known TV and radio host, Tim Ross, served as emcee for awards, which are the ACT's largest black-tie event.

Master Builders ACT CEO Michael Hopkins said, "The Construction Woman of the Year award recognises a leading female in our industry who makes a positive contribution to their company, industry and community, while exemplifying exceptional service to all stakeholders.

By awarding the Construction Woman of the Year, the MBA hopes to demonstrate to all young women that the building and construction industry is a diverse and inclusive industry where they can forge a successful, sustainable and rewarding career."

Lauren Couter, Director of Construction Control, was awarded Construction Woman of the Year for her broad reputation for excellence in stakeholder relationships, job performance and supporting women in construction.

Lauren's pursuit of her first engineering degree led to her concurrent work in onsite project management, which is where she began establishing her reputation for collaboration, honesty, and technical expertise.

Lauren forges collaborative work environments that are safe from sexism by setting the expectation for respect and calling out unacceptable behaviour. Her ability to maintain exceptional relationships and manage significantly complex projects is evident through her management of a project requiring 40 staff, 30 operating sites and more than 40 client representative stakeholders across 200 buildings.

Lauren invests significant effort into mentoring to help empower future female leaders in construction, create a pipeline for female talent and support all mentees in developing well-rounded skillsets.

Lauren said, "Thank you to Master Builders ACT for another fantastic Awards night. I'm so proud of the whole Construction Control team and our subcontractors, which all contribute to a project's success. Thank you to our clients that trust us to deliver their amazing project. Congratulations to all the finalists and winners."

Master Builders ACT CEO Michael Hopkins said, "Lauren demonstrates admirable leadership, not just to those onsite, but to the industry as a whole. She is an exceptional construction professional."

To view all the wonderful winners and fantastic finalists of the 2023 Master Builders and Asset Construction Hire Excellence Awards, flip through our awards-based publications: [Winning Projects](#) and [Winning Homes](#).

ENDS

For further information contact:

Michael Hopkins, Master Builders ACT CEO, 0418 984 594

Grace Shepherd, Communications Coordinator, (02) 6175 5911